



# Greene County Round Table News

*Published by Greene County Department of Human Services since 1976*

**APRIL 2024**

## PROCLAMATION

WHEREAS, every April, Global Volunteer Month is a time to recognize volunteers and people who actively support their communities, and the week of April 21 – April 27, 2024, is recognized throughout the United States as National Volunteer Week, powered by Points of Light, as an opportunity to recognize the impact of volunteer service and the power of volunteers to tackle society's greatest challenges, to build stronger communities and be a force that transforms the world. Each year, we shine a light on the people and causes that inspire us to serve, recognizing and thanking volunteers who lend their time, talent and voice to make a difference in their communities.

National Volunteer Week was established in 1974 and has grown each year as people strive to lead lives that reflect their values. The expression of civic life has evolved and doing good comes in many forms, and we recognize and celebrate them all, and is part of Global Volunteer Month, a time to celebrate volunteers as well as inspire volunteerism around the globe. Volunteers are the heartbeat of strengthening communities. People everywhere are called upon to take action, because every act of service builds a stronger community.

The Greene County Department of Human Services relies upon volunteers as AmeriCorps Seniors to provide and assist with vital services for the elderly residents of Greene County; and these volunteers are crucial to the Department's aging services, including home-delivered

meals and for medical appointments. Volunteerism empowers individuals to find their purpose, take their passion and turn it into meaningful change by solving our most persistent problems, and create stronger communities with a more just society.

It has long been a tradition for the county's AmeriCorps Seniors' volunteers to perform work of a high quality and to brighten the lives of others while making Greene County a better place in which to live by serving in community locations; and these county volunteers give of their energy, time, ability and experience. NOW THEREFORE, we, the members of the Greene County Legislature, do hereby proclaim the month of April as:

## **GREENE COUNTY DEPARTMENT of HUMAN SERVICES' GLOBAL VOLUNTEER MONTH**

AND FURTHER, we recognize and thank the many volunteers within Greene County who lend their time, talent and voice to meet the critical needs of our communities. With great pleasure, we honor all our county volunteers and convey the sincere gratitude and appreciation of our citizens for the dedicated, selfless and compassionate efforts of these volunteers.

Greene County Legislature  
Patrick S. Linger, Chairman





## **OUR MISSION**

**AGING:** To ensure a network of supportive services to assist Greene County's senior citizens (those age 60 and older) to maintain their dignity and independence within their communities. To ensure older adults stay independent for as long as possible and have a network of supportive services in the county.

**YOUTH:** To help coordinate youth services for children and young people, birth to 21, in Greene County, by providing technical assistance to municipalities, private agencies and groups in program development, evaluation, financial planning, program management and training.

### **Our goals are to**

- ♥ Assist older adults in maintaining and/or improving their social, economic, health, safety and nutritional status so they can safely age in place
- ♥ Help older adults stay independent for as long as possible
- ♥ Ensure a network of supportive services to assist Greene County's residents, young and old alike, and their caregivers
- ♥ Advocate for young and old alike.
- ♥ Work together with the Advisory Council to the Greene County Department for the Aging, and the Greene County Youth Advisory Board to recommend ways to provide opportunities that improve the lives of senior citizens and youth of the County.

# GREENE COUNTY DEPARTMENT OF HUMAN SERVICES

## WHERE CARING PEOPLE HELP

**We inform the Greene County Community of our programs, events & emergency notices via:**

- ♥ Greene County web page
- ♥ Facebook page
- ♥ Our own newsletter, The Greene County Round Table News
- ♥ Local Area newspapers & media outlets
- ♥ Greene County's REGROUP program (Emergency Alert system)

### **AGING SERVICES**

#### **NUTRITION:**

- ♥ Home-delivered Meals to eligible homebound seniors
- ♥ Congregate Meals at our Greene County Rivertown Senior Center in Athens, as well as our Senior Nutrition Sites in Acra, Catskill, Jewett and Coxsackie
- ♥ Nutrition Education and Counseling
- ♥ NYS Farmer's Market Checks

#### **CAREGIVERS SUPPORT:**

- ♥ Caregivers Information, Assistance, and Support.
- ♥ Respite Workers

#### **EISEP (IN-HOME):**

- ♥ Case Management
- ♥ Homemakers & Personal Care Aides
- ♥ Personal Emergency Response System
- ♥ Ageless Innovations - Animatronic Pets
- ♥ ElliQ

**HEAP:** Application Help

#### **HIICAP**

- Health Insurance Information Counseling & Assistance

#### **LEGAL SERVICES**

- Private attorney available by appointment only for phone consultations.

#### **TRANSPORTATION:**

- ♥ Serve Non-Medicaid seniors who are homebound & need to get to scheduled medical appointments
- ♥ Shopping Bus: Door-to-Door service for local shopping & errands
- ♥ To select Senior Nutrition sites enabling seniors social interaction with a noontime meals
- ♥ Vouchers for seniors utilizing Greene County Transit

#### **VOLUNTEER SERVICES:**

- ♥ Volunteer Recruitment and placement within the Department and various Community Agencies

### **YOUTH SERVICES**

- Work with agencies and schools to assist with youth in need of supervision (**Pre-PINS, PINS**)
- Conduct ongoing research to determine the changing needs of our youth & develop a comprehensive plan for youth services in Greene County.
- Work with youth-serving agencies to improve the quality of services provided in the county.
- Oversee the allocations of funds for programs that benefit Greene County youth under NYS OCFS Youth Development Program and Sports Education Funding.

# **SHOPPING BUS**



Greene County Dept. of Human Services offers a shopping bus to Greene County residents aged 60 or older. Seniors are picked up at their door, driven to Catskill for shopping, and then have lunch at a local Senior Center before returning home. Advanced notice, of at least one day, to bus driver is required.

Routes are as follows:

**MONDAY:** Mountaintop

*(Prattsville, Ashland, Windham, Jewett, Halcott, Lexington & Hunter)*

**TUESDAY:** Greenville/Durham/Cairo and Leeds

**WEDNESDAY:** New Baltimore/Coxsackie/Athens/Catskill

**NOTE:**

The shopping bus does not run on the following holidays:

New Year's Day	MLK Day	Presidents' Day
Memorial Day	Independence Day	Columbus Day
Election Day (November)		Veterans Day
Thanksgiving		Christmas

During inclement weather, it may be necessary for us to close our senior service centers because of hazardous driving conditions. When we close the centers, we also cancel transportation services for the day.

**FOR FURTHER INFORMATION:**

**CALL 518-719-3568**



## **COLONIE CENTER BUS TRIPS**

*Sponsored by Greene County Department  
of Human Services*



April 18    May 16    June 20    July 18

Aug. 15    Sept. 19    Oct. 17    Nov. 21    Dec. 19

**\$10 Per person**

**Payment due at time of departure.**

**No exceptions.**

**Call 518-719-3568 to reserve a seat.**

**Reservations must be made no later  
than 4:30 p.m. the Friday prior to trip.**

**Each person is required  
to make their own reservation.**

**MUST HAVE A MINIMUM OF EIGHT  
RESERVATIONS FOR TRIP TO OCCUR**



## **HAPPY 100th BIRTHDAY!!**

Catherine "Kitty" Haeussler, a long serving volunteer for the Greene County Department of Human Services recently celebrated her 100th birthday. Friends and family joined Kitty for the special occasion at her home in Athens.

Happy Birthday, Kitty! Thank you for your years of service to the community.



# VOLUNTEERS NEEDED

THE HEART OF THE COMMUNITY



The Greene County Department of Human Services is always looking for volunteer drivers to assist Homebound Senior Citizens.

**CONTACT  
GREENE DEPARTMENT  
OF HUMAN SERVICES**

**(518) 719-3555**

**AGING@GREENECOUNTYNY.GOV**

## **Volunteer Options**

- ✓ Home Delivered Meals – Deliver meals county wide
- ✓ Medical Transportation – Transport clients to appointments in nearby counties



**MILEAGE REIMBURSEMENT AT CURRENT IRS RATE.**





A warm  
welcome to  
our new  
volunteers

**David Ding**

**Margot Felter**

**Mark Jablanski**

**David Leggio**

**Susan Proulx**



*39 Second Street,  
Athens, NY*

*Spring has Sprung!*



**HOURS:**

Monday: 9:00 a.m. – 11:30 a.m.  
Wednesday: 9:00 a.m. – 11:30 a.m.  
12:30 p.m. - 2:00 p.m.



Follow Facebook page for specials  
[https://www.facebook.com/  
profile.php?id=61550860424257](https://www.facebook.com/profile.php?id=61550860424257)

**COME SEE WHAT BARGAINS WE HAVE!**

*Note: We accept donations during business  
hours only.*

*We do not accept medical supplies, games,  
toys, books, electronics or dishes.*



**Greene County Seniors  
living in Catskill,  
Coxsackie-Athens  
or Greenville**

## **HELPING HANDS PROGRAM**

Greene County Department of Human  
Services' Senior Angels Program  
has teamed up with local Rotary Clubs  
on the **"HELPING HANDS"** program.

If you need assistance  
around the home with minor projects,  
please contact  
Greene County  
Helping Hands Coordinator.  
518-719-3557

*Large jobs requiring  
a contractor  
are not eligible*



Vet2Vet of Greene County

## **WOMEN VETERAN AWARENESS DAY**

**SUNDAY, APRIL 28TH 11-3PM**



A GATHERING FOR WOMEN VETERANS  
CHAIR YOGA WITH JESSICA FROM VYP  
PAINTING WITH JEN CLAIRE  
WOMEN'S HEALTH PRESENTATION  
RESOURCES FOR WOMEN  
LUNCH WILL BE PROVIDED

**LOCATION: ATHENS  
AMERICAN LEGION 94 2ND  
ST ATHENS NY 12015**

**RSVP BY APRIL 14TH**

**POINT OF CONTACT: KIM LINDEN**

**EMAIL: [KIMBERLY.LINDEN@HVNCVR.ORG](mailto:KIMBERLY.LINDEN@HVNCVR.ORG)**

**PHONE: (518) 719-0020**



**HVNCVR**  
THE HUDSON VALLEY  
NATIONAL CENTER FOR  
VETERAN REINTEGRATION



**ATTENTION U. S. VETERANS AND CURRENT MILITARY PERSONNEL**  
April 2024 Events of Interest in Greene County



Wed. April 3	7:00 p.m.	Tannersville American Legion @ Rescue Building
Thurs. April 4	7:00 p.m. 7:00 p.m.	Greenville American Legion meeting Catskill American Legion meeting @ Elks Lodge
Fri. April 5	7:30 p.m.	Irish Music Jam @ Athens American Legion
Tues. April 9	7:00 p.m.	Cairo American Legion meeting @ Masonic Lodge
Wed. April 10	7:00 p.m. 7:00 p.m.	Athens American Legion meeting Windham VFW Meeting
Thurs. April 11	7:00 p.m.	Prattsville American Legion meeting American Legion National Commander's Visitation - Saratoga Springs
Fri. April 12	4:00 p.m. – 7:00 p.m.	American Legion Spaghetti Dinner @ Greenville American Legion
Tues. April 16	7:00 p.m.	New Baltimore American Legion meeting @ Cornell firehouse
Fri. April 19	7:00 p.m.	Greene County American Legion meeting @ Catskill Elks Lodge
Sat. April 20	11:00 a.m. 12:00 p.m.	Catskill VFW meeting Catskill VFW Auxiliary meeting
Wed. April 24	7:00 p.m.	Marine Corps League Meeting @ Durham firehouse
Sun. April 28	11 a.m. - 3 p.m.	Women Veterans Meeting (Vet-2-Vet) @ Athens Legion Hall



**HONOR YOUR MILITARY MEMBER**

A number of American Legion Posts will be doing "Field of Flags" .  
Contact your local Post for information.

Also, several towns are doing "Hometown Hero Banners." Contact  
your town office for information.





## **You may be eligible for assistance with Medicare costs!!!**

**Find out if you're eligible for these programs,  
how to apply,  
and other ways to save on your Medicare coverage.**

- **Medicare Savings Program (MSP):** This program can help pay some or all of your Medicare premiums, co-payments and deductibles. To qualify, you must have Medicare Part A and meet income guidelines.
- **Low Income Subsidy (LIS):** Also known as Extra Help, this program, available through Social Security, can assist in paying Part D premiums, monthly premiums, annual deductibles, co-insurance and co-payments.
- **Elderly Pharmaceutical Insurance Coverage (EPIC):** Administered by the Department of Health, this program helps seniors with Medicare pay for their prescription drug costs.

### **CONTACT**

**GREENE COUNTY DEPARTMENT OF HUMAN SERVICES  
(518) 719-3555**



# Nutrition Notes

Written by Nicole Gehman, MS, RD, CD-N

Earth Day is celebrated annually on April 22 and can be celebrated by taking strides to protect the planet. Locally, there are annual activities to promote sustainability such as a cleanup of a particular street, park, or small local town. In bigger cities there are rallies or larger scale organized cleanups in efforts to spread awareness and make a difference on Earth Day. Individual impact can be as easy as planting a garden, reducing food waste, or having a yard sale.

Many strategies can help waste less food. Most of them also help with meal prepping and planning, making trips to the grocery store a little easier. Take an inventory before you shop- including the fridge, freezer, and the pantry. Shop for the items you are running out of, but also come up with meal and snack ideas with the foods that need to be used. Keep quantity in mind. Buy produce for a certain number of meals. For example, “fruit for 3 days” or “lettuce mix for 3 salads”. Because fresh food shelf life is



less, mapping out how much you need will reduce spoilage. Be cautious with buying in bulk. If items are “buy one get one free” but it spoils, it does not save you money. Remember to store food appropriately and use the freezer if you catch a sale. Lastly, use parts of food you might normally toss. Examples include making croutons out of stale bread or using overripe vegetables in a soup.



Starting a garden at home is another way to honor Earth Day, save money on food, and increase physical activity. You can also use a compost pile to nourish the soil. If you have food scraps left, they make great fertilizer. Always choose plants that work in your soil and climate. Decide whether you want to try growing from seed (can be tricky) or begin with starter plants. A fun Earth Day idea could be planting seeds in egg cartons in preparation to transplant them later. Map a space in the yard with adequate sunshine. Plant with knowledge and continually care for your garden with sun, water, fertilizer, rotation, etc. When it comes time, enjoy your crops!

Ask around your local community for Earth Day festivities. It is a great day to make an impact on the planet.



In addition, to request additional information or nutrition counseling, please contact the main office at (518) 719-3555 for a referral.

## **NUTRITION EDUCATION with Nicole Gehman, MS, RD, CD-N**

*Sponsored by Greene County Department of Human Services*



**WEDNESDAY APRIL 3**  
**RIVERTOWN SENIOR CENTER, ATHENS 945-2700**

**WEDNESDAY APRIL 17**  
**CATSKILL SENIOR NUTRITION SITE 943-1343**

Sessions at 12:00 p.m.

Come learn about healthy nutrition habits.  
 Feel free to ask questions.  
 Recipe and tasting to follow.

***If you would like lunch that day at the site,  
 please call at least a day in advance to reserve.***



# **GREENE COUNTY SENIOR SERVICE CENTERS**



## **ACRA**

Acra Community Center,  
Old Rte. 23, Acra  
(518) 622-9898

Ashley Reynolds  
Meal Site Manager

Elaine Cherrington  
Cook

## **ATHENS**

Rivertown Senior Center  
39 Second Street, Athens  
(518) 945-2700

Roxanne Slater  
Senior Center Manager

Shane Dillon,  
Central Kitchen Manager

## **CATSKILL**

Robert C. Antonelli  
Senior Center  
15 Academy Street,  
Catskill  
943-1343

Penny Konstalid  
Meal Site Manager

## **COXSACKIE**

Town of Coxsackie  
Senior Center  
127 Mansion Street,  
Coxsackie  
731-8901

Dorothy Barkman  
Co-Meal Site Manager

Karen Taber  
Co-Meal Site Manager

## **JEWETT**

Jewett Municipal Building  
3547 Route 23C, Jewett  
(518) 263-4392

Gayle Ruvolo  
Meal Site Manager

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. If you have a food allergy, please notify us. Allergen information is available for prepared food items. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather. If you reserve a meal and are unable to attend, please call us as soon as you can to cancel. This helps to reduce our food waste.



**CONGREGATE DINING:** If you wish to attend lunch at any of the nutrition sites, you must notify the appropriate center by noon, a day in advance.

**GREENE COUNTY SENIOR NUTRITION PROGRAM**

ALL PERSONS, AGE 60 & OLDER ARE INVITED TO JOIN FOR LUNCH.

THE SUGGESTED DONATION IS \$4.00

**SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE WITH FISH ENTRÉE - COFFEE, TEA**  
**MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCES.**  
**IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>1</b></p>  <p>BBQ CHICKEN THIGHS BAKED BEANS CORN CORNBREAD BANANA PUDDING</p>	<p align="center"><b>2</b></p> <p>TORTELLINI MARINARA SAUSAGE ITALIAN MIXED VEGETABLES FRUIT COCKTAIL</p>	<p align="center"><b>3</b></p> <p>FRENCH ONION PORK CHOP CALIFORNIA VEGETABLE MIX EGG NOODLES PINEAPPLE</p>	<p align="center"><b>4</b></p> <p>BAKED HAM w/ Raisin Sauce SCALLOPED POTATOES GLAZED CARROTS LEMON MERINGUE PIE</p>	<p align="center"><b>5</b></p> <p>EGG SALAD PLATE MARINATED TOMATOES &amp; CUCUMBERS PASTA SALAD FRESH FRUIT</p>
<p align="center"><b>8</b></p> <p>MACARONI &amp; CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL</p>	<p align="center"><b>9</b></p> <p>CHICKEN DIVAN TUSCAN VEGETABLES WHITE RICE PEARS</p>	<p align="center"><b>10</b></p> <p>VEGETABLE LASAGNA w/ White Sauce ITALIAN MIXED VEGETABLES YOGURT</p>	<p align="center"><b>11</b></p> <p>BEEF STEW BROCCOLI CHOCOLATE MOUSSE w/ Whipped Topping</p>	<p align="center"><b>12</b></p> <p>MEATBALL SUB MONACO VEGETABLE MIX PASTA SALAD FRESH FRUIT</p>
<p align="center"><b>15</b></p> <p>FISH FLORENTINE O'BRIEN POTATOES BROCCOLI TROPICAL FRUIT</p>	<p align="center"><b>16</b></p> <p>STUFFED CABBAGE CARROT/CORN MEDLEY LOW SODIUM V8 PEARS</p>	<p align="center"><b>17</b></p> <p>CHICKEN DIJON MASHED POTATOES MONACO VEGETABLES VANILLA MOUSSE w/ Strawberry Topping</p>	<p align="center"><b>18</b></p> <p>MEATLOAF w/ Gravy BRUSSELS SPROUTS BAKED POTATO CHOCOLATE CAKE</p>	<p align="center"><b>19</b></p> <p>KIELBASA w/ SAUERKRAUT CARROTS BAKED BEANS FRESH FRUIT</p>
<p align="center"><b>22</b></p> <p>PASTA PRIMAVERA w/ CHICKEN CALIFORNIA VEGETABLE MIX CRANBERRY JUICE TROPICAL FRUIT</p>	<p align="center"><b>23</b></p> <p>SHEPHERD'S PIE OLD FASHIONED VEGETABLE MIX COOKIES</p>	<p align="center"><b>24</b></p> <p>PORK CHOP w/ Gravy APPLESAUCE MASHED POTATOES PEAS &amp; CARROTS PINEAPPLE DELIGHT</p>	<p align="center"><b>25</b></p> <p>CRAB TOPPED COD AU GRATIN POTATOES MONACO VEGETABLE MIX FRESH FRUIT</p>	<p align="center"><b>26</b></p> <p>BACON CHEDDAR BURGER HOME FRY POTATOES GREEN BEANS MACARONI SALAD BROWNIES</p>
<p align="center"><b>29</b></p> <p>BEEF CHILI CALIFORNIA VEGETABLE MIX BROWN RICE LEMON PUDDING</p>	<p align="center"><b>30</b></p> <p>STUFFED PEPPERS ITALIAN MIXED VEGETABLES WHITE RICE FRUIT COCKTAIL JELL-O CUP</p>			

## **GREENE COUNTY DEPARTMENT of HUMAN SERVICES**

### **CONTRIBUTIONS POLICY**

For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

**Services will not be denied to anyone unable or unwilling to make a contribution.**

**CONSULTATION and ASSISTANCE:** This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc. The suggested level of contribution is \$5.00 per office visit.

**IN-HOME SERVICES:** This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour

**LEGAL SERVICES:** The suggested level of contribution is \$10.00 per consultation

#### **NUTRITION:**

- **Home Delivered Meals, Senior Congregate Dining or Mom's Meals:**

The suggested level of contribution is \$4.00

- **Nutrition Counseling**

Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00.

#### **TRANSPORTATION:**

- ♦ **Shopping Bus**

The suggested level of contribution is \$3.00 round trip

- ♦ **Senior Center Transportation**

The suggested contribution is \$1.00 for round trip

- ♦ **Medical (Homebound) Transportation**

All tolls are to be paid directly by the passenger. The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip





As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your donation will be used to provide service to another older adult in need.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

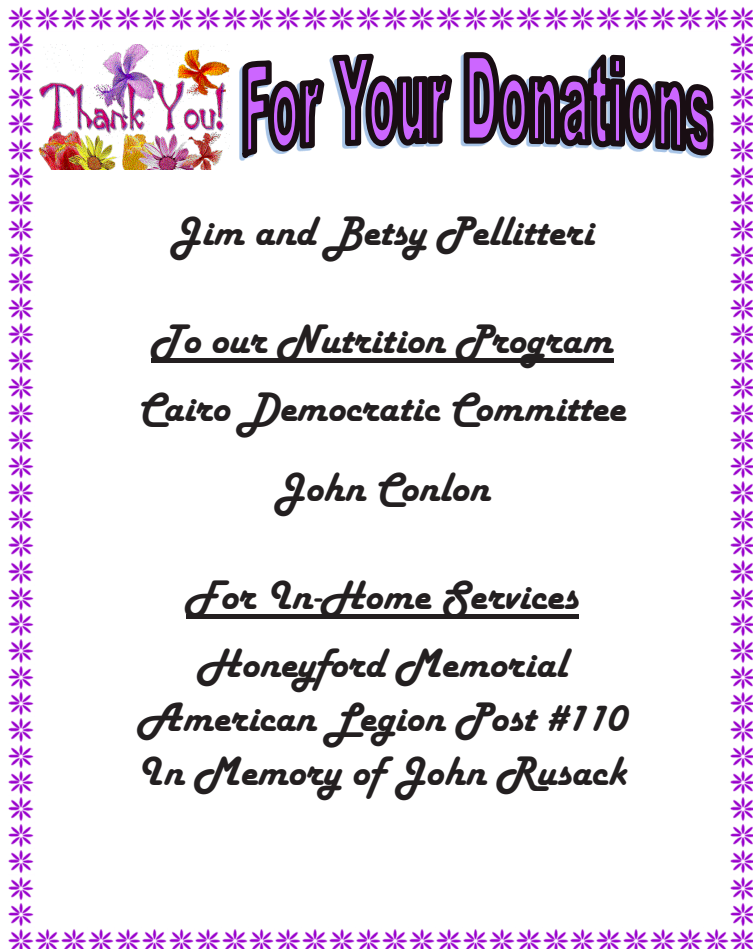

\_\_\_\_\_ Consultation & Assistance      \_\_\_\_\_ In-home services      \_\_\_\_\_ Legal Services

\_\_\_\_\_ Nutrition Program (Congregate/Home Delivered/Nutrition Counseling)

\_\_\_\_\_ Transportation (Shopping Bus, Senior Center van, Medical)

\_\_\_\_\_ Round Table News      \_\_\_\_\_ Senior Angels Program      \_\_\_\_\_ Where most needed

Make checks payable & mail to: Greene County Dept. of Human Services  
411 Main Street, Catskill, NY 12414

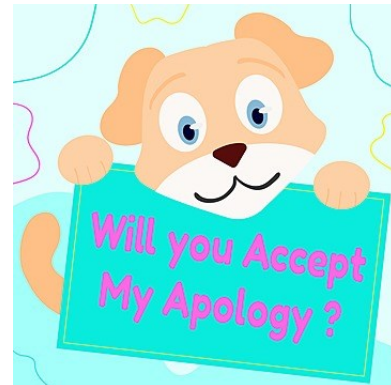
  
 **For Your Donations**

*Jim and Betsy Pellitteri*

*To our Nutrition Program*  
*Cairo Democratic Committee*

*John Conlon*

*For In-Home Services*  
*Honeyford Memorial*  
*American Legion Post #110*  
*In Memory of John Rusack*



After going to print on the March issue, an error was brought to our attention

We apologize to Tom Neiss.

The donation thank you  
should have correctly read:

*Wynne Neiss  
In Memory of Clifford Gross  
to our Nutrition Program*

# News From the Greene County Youth Bureau

## WHAT IS THE GREENE COUNTY YOUTH BUREAU?



The Youth Bureau operates under the Greene County Department of Human Services to fund and assist in both the development and implementation of programs and services for young people. Our major responsibilities include advocacy and the funding of programs aimed at improving and enhancing the welfare of county youth. It is funded by NYS Office Children and Family Services, and the Greene County Legislature. By

assisting in the development and funding of youth programs, youth are encouraged to become involved, develop a sense of responsibility, and make a positive contribution to their communities.

The purpose of the Greene County Youth Advisory Board is to develop and recommend policy and procedures that guide the activities of the Youth Bureau. The Board is a policy making board responsible for the direction of the Youth Bureau. Members possess qualities that enable them to function effectively by recognizing the needs of youth in the community and take an active role in working toward building a ongoing care systems. Important personal qualifications include leadership, ability to positively interact with others, a commitment to representing the interests of youth, and a willingness to devote time and effort to the board's goals. Official appointment is made by the Greene County Legislature.

Together with Stephanie Schleuderer, Executive Director at Human Services, the following are the current members of the Greene County Youth Advisory Board:

Pam Coloton	Kevin Forbes	Gabriel Hoglund	Andrew Holliday
MaryJo Jaeger	Amanda Karch	Debra Kingman	Maeve Lampman
Tatum Lampman	Sal Massa	Brenna Rustick	John Scalera
MaryAnn Scalera	Angelo Scatturo	Don Smith	

In 2023, the Youth Advisory Board, under funding from NYS OCFS, awarded over \$48,000 locally to the following youth programs:

Athens Cultural Art Center	Cairo Summer Recreation
Cornell Cooperative Extension	Cus D'Amato KO Youth Boxing
Town of Durham Recreation	Exit 21 Youth Basketball
Girl Scouts of NENY	Greene County Pre-PINS Program
Greene County Youth Community Development	
Greene County YMCA	Greenville Library Prattsville Art Project

They look forward to continuing this and will be awarding over \$93,000 as several new funding sources were created.

## **YOUTH BUREAU REQUEST FOR PROPOSALS 2023-2024 FUNDING**

The Greene County Youth Bureau is a division of the Greene County Department of Human Services that funds and assists in both the development and implementation of programs and services for children and young people under the age of 21. The major responsibilities of the Youth Bureau include advocacy and the funding of programs aimed at improving & enhancing the welfare of Greene County youth and families. The Greene County Youth Bureau is funded in part by the NYS Office of Children and Family Services, the Greene County Legislature and donations.

Proposals are requested by the Greene County Youth Bureau funding for youth programs sponsored by any 501(c)(3) (Non-profit tax-exempt charitable organization per IRS). Programs must serve Greene County youth as outlined in the instructions, The funding available in this Request for Proposals (RFP) is for programs that operate between October 1, 2023, and September 30, 2024. The full RFP and forms required for the 2023-2024 period are available on <http://greenegovernment.com/departments/human-services/youth-resources>. Award announcements will be made starting May 1, 2024.

New for this period will be distinct avenues of funding: Youth Development Programs, Youth Sports & Education Funding, and Youth Team Sports Allocation Funding.

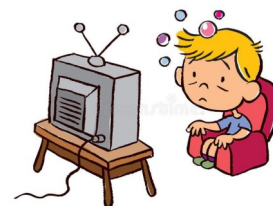
- Youth Development Programs (YDP) – Programs and initiatives that enable youth to build on their strengths; provide opportunities for youth to gain important life skills and core competencies, and that allow youth to have meaningful roles in their communities; initiatives that benefit young people in their homes and neighborhoods, in schools, as well as in foster care and residential treatment.
- Youth Sports & Education (YSEF/YSEFI) - Programs that provide a variety of sports for a broad range of youth; encourages a wide and flexible definition of sports that includes organized activities with movement, including physical fitness activities. Infrastructure (i.e. field improvements, storage units) will be a consideration.
- Youth Team Sports Allocation (YTS) - Provide awards to support youth team sports - Intended to provide support to local team sports programs across New York state in communities where such programs may be scarce. Unlike YSEF, YTS has a sole focus on team sports. A “team sport” is defined as an organized physical activity in which groups of two or more individuals are in competition with two or more opposing individuals. Sporting activities with competition on behalf of an organized group (i.e. singles tennis, team golf, swimming or skiing) are included in this definition.

Please contact Maureen Murphy, GCDHS Office Manager, (518) 719-3555 or email [mmurphy@greencountyny.gov](mailto:mmurphy@greencountyny.gov) for assistance.



## **NEW DATA SUGGESTS THAT TOO MUCH “SCREEN TIME” INTERFERES WITH INFORMATION PROCESSING IN INFANTS AND TODDLERS**

*By Dr. Sal Massa*



Researchers from Drexel’s College of Medicine recently published in the Journal of the American Medical (JAMA) association an article which said that babies and toddlers exposed to too much “screen time” may have more difficulty in focusing on the world around them. According to the researchers, children exposed to a lot of TV viewing by their second birthday were more likely to ignore other things going on around them. So, their sensory processing skills appeared to be most affected.

Sensory processing skills involve the body’s ability to respond appropriately and efficiently to information received by hearing, seeing, touching, and tasting. The researchers looked at 2011-2014 data on television or DVD watching by babies at 12, 18, and 24 months from the National Children’s Study of 1471 children nationwide. The ability to process sensory information was assessed at 33 months using a measure called the Infant/Toddler Sensory Profile (ITSP) which is completed by parents/caregivers.

As of 2014, children age 2 and under in the United States averaged 3 hours, 3 minutes a day of screen time, up from 1 hour, 19 minutes a day in 1997, according to a 2019 research letter in *JAMA Pediatrics*. Some parents cite exhaustion and inability for affordable alternatives as reasons for the screen time, according to a July 2015 study in the *Journal of Nutrition and Behavior*.

The findings suggest that:

- 12 months: Any screen exposure compared to no screen exposure was associated with a greater likelihood of being very reactive to the environment. These children exhibited irritability, hyperactivity, eating and sleeping struggles. This is perhaps related to being overly excited by what was viewed on screens.
- 18 months: Every additional hour of daily screen time was associated with the increase in exhibiting high sensory behaviors (i.e. being easily upset, crying, etc.) and avoiding interacting with their environment.
- 24 months,: Each additional hour of daily screen time was associated with an increase in high sensation seeking behaviors (i.e. being demanding, being difficult to soothe, etc.), being sensitive to the environment, and avoiding sensory interactions.

The findings of this study add to a list of concerns for how screen time affects the development of infants and toddlers. The amount of screen time an infant/toddler is exposed to appears to be linked to the development of language delays, behavioral issues, sleep struggles, attention problems, and problem-solving development.

The American Academy of Pediatrics (AAP) discourages screen time for babies under 18-24 months. Live video chat is considered by the AAP to be okay, as there may be benefit from the interaction that takes place. AAP recommends time limitations on digital media use for children 2 to 5 years to typically no more than 1 hour per day.

"Parent training and education are key to minimizing, or hopefully even avoiding, screen time in children younger than two years," said senior author David Bennett, PhD, a professor of Psychiatry in Drexel's College of Medicine."

Although the current research looked strictly at television or DVD watching, and not media viewed on smartphones or tablets, it does provide some of the earliest data linking early-life digital media exposure with later atypical sensory processing across multiple behaviors. The authors said future research is needed to better understand the mechanisms that drive the association between early-life screen time and atypical sensory processing.

Retrieved from:

Drexel University. "Putting your toddler in front of the TV? You might hurt their ability to process the world around them, new data suggests." ScienceDaily. ScienceDaily, 8 January 2024. <[www.sciencedaily.com/releases/2024/01/240108125727.htm](http://www.sciencedaily.com/releases/2024/01/240108125727.htm)>.

Journal Reference:

**LEATHERSTOCKING**  
 **HONOR FLIGHT**   
**April 27 / 28, 2024**  
**Calling All Veterans**  
**We need to fill the Bus**  
**Get your Application**  
**Today at our website:**  
**[leatherstockinghonorflightny.org](http://leatherstockinghonorflightny.org)**

Travel on Southwest Airlines with all local Veterans to Baltimore! Enjoy a great meal on Saturday evening and relax at the Hotel, have breakfast in the morning, then board the bus for a day of visiting the Arlington National Cemetery, and all the Memorials built in your honor, before returning to Albany Airport by 5PM Sunday and your families.



Leatherstocking Honor Flight  
is a non-profit, all volunteer, 501C 3  
member of Honor Flight Network.

Since our first flight in 2008, and with the support of local communities, we have conducted 3 – 4 missions per year and have honored over 1,500 Veterans.

Veterans will arrive at Albany International Airport by 10:15am on Saturday, April 27th. A Ceremony to honor our veterans will start at 11am in the baggage claim area of the airport.

We are currently seeking both Veterans & Guardians for this flight! Applications can be found on our applications page!

For more information about the flights  
please call Liz @ 518 339 2464



## SUMMER YOUTH EMPLOYMENT PROGRAM (SYEP) YOUTH OPPORTUNITY FOR JULY - AUGUST 2024

The Columbia Greene Workforce Investment Office has begun the recruiting process for youth between the ages of 14-20 in Columbia and Greene counties for the Summer Youth Employment Program. Eligible participants will be provided meaningful work experience, while receiving financial literacy education, career guidance and a summer income. All participants will be required to attend a mandatory in-person orientation at Columbia-Greene Community College.

The Summer Youth Employment Program (SYEP) is funded by the Office of Temporary Disability and Assistance (OTDA). The Columbia Greene Workforce Investment Office (WIO) anticipates funding for both Columbia and Greene counties. Typically, the program runs for six weeks throughout July and into August. WIO provides the worksite and youth participants with an in-person orientation prior to the start date.

Eligible participants work for approximately 20 hours per week, earning minimum wage (\$15) per hour. More hours may be offered depending on funding received. The Workforce Office provides an interest profile form listing general career clusters for participants to indicate their preference.

**The application deadline is May 3, 2024**, which may be extended depending on the number of applications received. **Every school district in Columbia and Greene Counties has been sent the SYEP application. You can contact your guidance office, or Rebecca Preusser at WIO, for eligibility information and an application.**

Please contact Rebecca Preusser if there are any questions regarding the application process:

Rebecca Preusser, Assistant Director /Youth Services- CGCC WIO  
Phone (518) 697-6514 Email: [rebecca.preusser@columbiagreneworks.org](mailto:rebecca.preusser@columbiagreneworks.org)

The SYEP is also seeking local businesses to provide summer youth work experience to eligible youth. The Columbia Greene Workforce Investment Office has begun recruiting businesses to serve as a host worksite for youth ages 14-20 for the 2024 Summer Youth Employment Program (SYEP). Youth wages and workman's compensation are paid by Columbia Greene Community College. **Together, WIO and the Worksite strive to enhance the employability of participants by providing a well-structured and meaningful work experience, while learning work readiness skills.** The scheduled start date is July 8, 2024 and end date is August 16, 2024. These dates are dependent on the amount funding received. Please contact Rebecca Preusser for a worksite agreement and more details.

**Columbia Greene Workforce Office \* 4400 Route 23, Hudson, NY 12534  
(518) 697-6510**

*The Greene County Youth Advisory Board thanks Rebecca Preusser at the Workforce Office for sharing this information.*



# earth day

## WORD SEARCH

april 22



See how many of these newspaper related words you can find in the puzzle.  
The words can be forward, backward or diagonal.

- |                |              |            |               |
|----------------|--------------|------------|---------------|
| 1. EARTH       | 5. RECYCLE   | 9. WATER   | 13. ENERGY    |
| 2. DAY         | 6. REUSE     | 10. LAND   | 14. CLIMATE   |
| 3. APRIL       | 7. REDUCE    | 11. AIR    | 15. POLLUTION |
| 4. ENVIRONMENT | 8. RESOURCES | 12. GLOBAL | 16. COMPOST   |

Answers on page 25



# GREENE COUNTY SENIOR CITIZENS CLUBS



## **ATHENS**

### ***ATHENS SENIOR CITIZENS***

2nd & 4th monthly Monday

1:15 p.m.

Rivertown Senior Center

Contact person: President Al Ramm, 518-945-1061

## **CAIRO:**

### ***CAIRO GOLDEN AGERS***

2nd monthly Wednesday, 1:30 p.m.

Acra Community Center

Contact person: President Pat Asaro, 518-821-6508

## **CATSKILL:**

### ***CATSKILL SILVER LININGS***

2nd monthly Thursday, 1:00 p.m.

Robert C. Antonelli Senior Center

Contact person: President Sheila Pedersen, 518-719-5361

## **COXSACKIE:**

### ***COXSACKIE AREA SENIORS***

2nd & 4th monthly Tuesday, 1:00 p.m.

Van Heest Hall, Bethany Village

Contact: Mary Kibbey, 518-634-7524

### ***SENIOR CITIZENS of COXSACKIE***

1st & 3rd monthly Monday, 2:00 p.m.

Town of Coxsackie Senior Center

Contact: Pres. Dawn M. Smith, 518-857-4780

## **GREENVILLE**

### ***GREENVILLE GOLDEN YEARS***

1st monthly Wednesday, 1:00 p.m.

American Legion Hall

Contact person: President Beverly Myers, 518-966-8482

## **MOUNTAIN-TOP:**

### ***MOUNTAIN TOP GOLDEN AGERS***

4th monthly Thursday, 1:30 p.m.

Tannersville Fire Hall

Contact person: Margaret Robinson  
518-299-0218

### ***W-A-J-P-L GOLDEN AGE CLUB***

1st & 3rd Monday, 1:00 p.m.

Windham Ambulance Building

Contact person: Lula Anderson  
518-734-5360

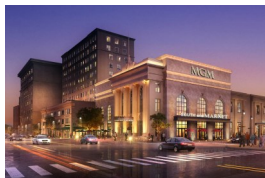
**ATTENTION CLUBS: WE DO OUR BEST TO ACCOMMODATE ALL REQUESTS FOR POSTING ITEMS. HOWEVER DUE TO SPACE LIMITATIONS, WE WILL INCLUDE ITEMS BASED ON THE DATE OF THE EVENT IN THE SPACE THAT IS AVAILABLE. WHEN WE DO NOT HAVE SUFFICIENT ROOM, WE WILL HOLD & INCLUDE FOR THE FUTURE.**

## 2024 WAJPL TRIPS

**April 9: VILLA ROMA  
Caesar's Extravaganza  
Luncheon  
& Barry Manilow Tribute  
\$65**



**June 12:  
MGM CASINO**



and

**SPRINGFIELD ARMORY  
NATIONAL HISTORIC SITE  
\$25**



**Contact Mary Louise (518) 622-3397  
Or Vicky (518) 734-4164**

## THE GRAND CANYON OF PENNSYLVANIA

*Including*  
**A TOUR OF MILLIONAIRES ROW**

**3 DAYS - 2 NIGHTS**

**MAY 20 - 22, 2024**

**\$539 per person double occupancy**

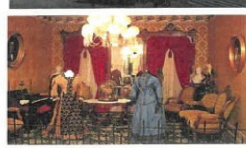
### PACKAGE INCLUDES:

- \* 2 Nights lodging
- \* 2 Breakfasts
- \* 2 Dinners including the historic Peter Herdic House & The Carriage House
- \* Susquehanna River Cruise
- \* Pennsylvania Grand Canyon Covered Wagon Tour
- \* Grand Canyon Overlook
- \* Millionaires Row Tour
- \* Historic Rowley House
- \* Thomas Taber Museum including the Shempp Model Train Exhibit
- \* Souvenir gift
- \* Luggage handling
- \* Taxes and meal gratuities
- \* Motorcoach transportation

*Cancellation insurance available & highly recommended; see reverse side for details.*

**FOR INFORMATION AND RESERVATIONS CONTACT:**

**CATSKILL SILVER LININGS  
Sheila Pedersen  
81 Five Mile Woods Rd.  
Catskill, NY 12414  
(518) 719-5361**



**WHITE STAR TOURS** 26 E. Lancaster Avenue, Reading PA 19607 \* 610-775-5000 \* 800-437-2323 \* [www.whitestartours.com](http://www.whitestartours.com)

The WAJPL Golden Agers Club presents.....

## 4 Day Getaway - OGUNQUIT, MAINE

**June 24-27, 2024**



**Journey to the Southern  
Coast of MAINE**



### PACKAGE INCLUDES:

- Roundtrip Deluxe Motor Coach
- 3 Nights at the lovely Meadowmer Resort in Ogunquit, Maine
- \* The Hotel is along the Marginal Way with a nice walkway from the Resort to Perkins Cove (Of course this is optional)
- 5 Meals - 3 Breakfast & 2 Dinners
- Dinner at Jonathan's Restaurant
- Lobster Clambake Dinner at Foster's
- Scenic Lobster Tour & Harbor Cruise
- Free time at Kennebunkport Village Shops
- Free time on Main St Ogunquit, ME
- Oceanfront time in Portland, ME
- Len Libby's Chocolate's
- Victorian Mansion admission
- LL BEAN in Hampton, NH
- Baggage Handling and All Tax
- Ogunquit Playhouse OPTIONAL
- TBA

**\$739.**

Double Occupancy  
Triple \$709 Single \$989.00

**Deposit of \$75 pp at SIGN UP**  
Balance due: May 24, 2024

**Cancellation Protection**  
is an option and available for:  
\$59 Per Person (Form on Back)



Make Checks Payable to:  
WAJPL Golden Age Club  
Mail to:  
WAJPL Golden Age  
P.O. Box 90  
Hennsville, NY 12439

**For reservations contact:**

**Mary Louise  
(518) 622-3397  
Or Vicky @  
(518) 734-4164**



**BUS DEPARTS:**  
7:00am Windham, NY  
7:30am Catskill  
Returns at Approx. 9pm

**Complete Form and Mail with DEPOSIT to the:**

NAME: \_\_\_\_\_ Traveling With: \_\_\_\_\_ # in Party: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Insurance: Yes \_\_\_\_\_ NO \_\_\_\_\_

4 Day Ogunquit, Maine - June 24-27, 2024



**THE CAIRO GOLDEN AGERS  
WILL BE HOSTING A BUS TRIP  
JULY 31, 2024**

## LAKE GEORGE DINNER THEATER

### I LOVE YOU, YOU'RE PERFECT, NOW CHANGE

THIS MUSICAL COMEDY HIGHLIGHTS EVERYTHING YOU HAVE EVER SECRETLY THOUGHT ABOUT DATING, ROMANCE, MARRIAGE, LOVERS, HUSBANDS, WIVES AND IN-LAWS BUT WERE AFRAID TO ADMIT! IT IS THE SECOND LONGEST RUNNING OFF-BROADWAY MUSICAL AND HAS PLAYED ALL OVER THE WORLD.

BOOK & LYRICS BY JOE DIPIETRO - MUSIC BY JIMMY ROBERTS  
DIRECTED BY JAREL DAVIDOW

LUNCH SELECTION MUST BE PROVIDED AT THE TIME OF RESERVATION. TO MAKE A RESERVATION PLEASE CALL:

PAM O'REILLY (518) 821-8048 OR  
PATTY ASARO (518) 821-6508

HANDICAPPED ACCESSIBLE

### LUNCHEON

**CHICKEN FRANCAISE WITH SUPREME SAUCE** - Seared egg-battered chicken served with garlic mashed potatoes and market vegetables

**AROE ISLAND SALMON** - w/garlic lemon Dijon sauce. Baked 7-ounce center cut salmon served with garlic mashed potatoes and market vegetables

**CENTER CUT BONE IN PORK CHOP** - All natural 8-ounce chop lightly blackened w/pineapple mango mint chutney served with garlic mashed potatoes 7 market vegetables GF

**PASTA PRIMAVERA** - w/fresh vegetables tossed in basil pesto sauce GF upon request

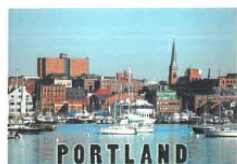
NO SUBSTITUTIONS OR SPECIAL REQUESTS AVAILABLE

ALL ENTREES SERVED WITH SALAD, WARM ROLLS, ULTIMATE CHOCOLATE CAKE, COFFEE & HOT TEA

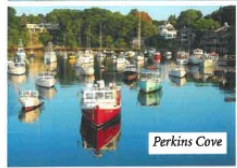
**COST IS \$78 PER PERSON YOU MAY MAIL YOUR PAYMENT TO:**  
CAIRO GOLDEN AGERS CLUB  
PAM O'REILLY  
11 ROLLING MEADOW ROAD  
CAIRO NY 12413

THE BUS WILL DEPART FROM CATSKILL THRUWAY AT 9:15

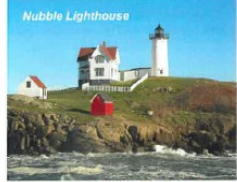




PORTLAND



Perkins Cove



Nubble Lighthouse



26 E. Lancaster Avenue, Reading PA 19607 \* 610-775-5000 \* 800-437-2323 \* www.whitestartraveltours.com

# MAINE

Featuring Tours of Portland & Kennebunkport

4 DAYS - 3 NIGHTS  
SEPTEMBER 9 - 12, 2024

\$709 Per Person  
Double Occupancy

\$949 Per Person  
Single Occupancy

## PACKAGE INCLUDES:

- \* 3 Nights Lodging
- \* 3 Breakfasts
- \* 3 Full Course Dinners, including a "Downeast" Lobsterbake Dinner
- \* Tour of Portland, including Portland Head Light
- \* Perkins Cove
- \* Narrated Harbor Cruise of Casco Bay
- \* Boothbay Harbor Tour
- \* Eartha - Revolving/Rotating Globe
- \* Kennebunkport Tour
- \* L. L. Bean & Dexter Factory Outlets
- \* Nubble Lighthouse
- \* Souvenir Gift
- \* Luggage Handling
- \* Taxes & Meal Gratuities
- \* Motorcoach Transportation



Cancellation insurance is available & highly recommended; see reverse side for details.

Deposit of \$25 due by May 6, 2024

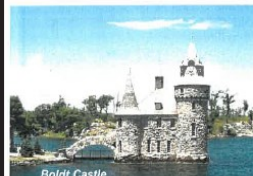
Balance of trip due by July 1, 2024

## FOR INFORMATION AND RESERVATIONS CONTACT:

COXSACKIE SENIORS  
Linda Wilkinson  
80 Saco Mill Rd.  
Coxsackie, NY 12051  
(518) 731-8648  
(518) 225-1611  
or  
Lorrie Dudley  
(518) 424-8099



Singer Castle



Boldt Castle



## CASTLES OF NEW YORK

4 DAYS - 3 NIGHTS  
SEPTEMBER 23 - 26, 2024

\$754 Per Person Double Occupancy  
\$993 Per Person Single Occupancy

## PACKAGE INCLUDES:

- \* 3 Nights Lodging, including 2 Nights at the Edgewood Resort on the St. Lawrence River
- \* 3 Breakfasts
- \* 1 Boxed Lunch
- \* 3 Dinners
- \* Boldt Castle
- \* Singer Castle
- \* St. Lawrence River Cruise
- \* Turning Stone Casino
- \* Wing's Castle
- \* Millbrook Vineyards and Winery Tour
- \* Souvenir Gift
- \* Baggage Handling
- \* Taxes & Standard Gratuities
- \* Motorcoach Transportation

\$200 deposit due by Tuesday, May 21, 2024

Balance due by Friday, July 19, 2024

Cancellation insurance is available & highly recommended; see reverse side for details.

## FOR INFORMATION AND RESERVATIONS CONTACT:

### CAIRO GOLDEN AGERS

Pam O'Reilly Pat Asaro  
11 Rolling Meadow Rd. (518) 821-6508  
Cairo, NY 12413  
(518) 821-8048



26 E. Lancaster Avenue, Reading PA 19607  
610-775-5000 800-437-2323 www.whitestartraveltours.com



## MONTREAL & QUEBEC CITY CANADA

Featuring Montreal Casino & Montmorency Falls

5 DAYS - 4 NIGHTS  
OCTOBER 7 - 11, 2024

\$849 per person  
double occupancy

## PACKAGE INCLUDES:

- \* 4 Nights lodging
- \* 4 Breakfasts
- \* 4 Dinners
- \* Guided tour of Montreal and Old Montreal
- \* Guided tour of Quebec City and Old Quebec
- \* Montreal Underground
- \* Notre Dame Basilica
- \* Visit to St. Joseph's Oratory/Shrine
- \* Visit to Ste. Anne de Beaupre Shrine
- \* Visit to Montreal Casino
- \* Albert Gilles Copper Art Museum
- \* Montmorency Falls
- \* Souvenir gift
- \* All taxes and meal gratuities
- \* Motorcoach transportation

Passport required



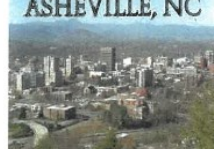
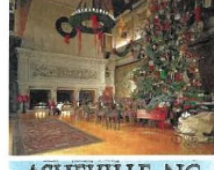
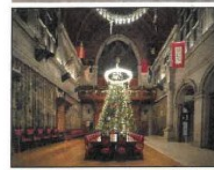
Cancellation insurance is available & highly recommended; see reverse side for details.

## FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS  
Sheila Pedersen  
81 Five Mile Woods Rd.  
Catskill, NY 12414  
(518) 719-1361



26 E. Lancaster Avenue, Reading PA 19607  
610-775-5000 800-437-2323 www.whitestartraveltours.com



## CHRISTMAS AT BILTMORE HOUSE

Featuring A Candlelight Christmas Tour

5 DAYS - 4 NIGHTS

DECEMBER 9 - 13, 2024

\$879 Per Person  
Double Occupancy

1203 Single

## PACKAGE INCLUDES:

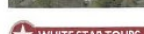
- \* Overnight Lodging To & From Asheville
- \* 2 Nights Lodging in Asheville
- \* 4 Breakfasts
- \* 2 Dinners, including the Stable Cafe on the Biltmore Estate
- \* Grove Arcade
- \* Candlelight Christmas Evening Audio Tour of Biltmore House
- \* Daytime visit to the Biltmore Grounds, incl. Antler Hill Village
- \* Biltmore Village
- \* Guided Tour of Asheville, including the Folk Art Center
- \* Evening of Entertainment
- \* Souvenir Gift
- \* Luggage Handling in Asheville
- \* Taxes & Meal Gratuities
- \* Motorcoach Transportation

Cancellation insurance available & highly recommended; see reverse side for details.



## FOR INFORMATION AND RESERVATIONS CONTACT:

CATSKILL SILVER LININGS  
Sheila Pedersen  
81 Five Mile Woods Rd.  
Catskill, NY 12414  
(518) 943-4253



26 E. Lancaster Avenue, Reading PA 19607 \* 610-775-5000 \* 800-437-2323 \* www.whitestartraveltours.com



# earth day



## WORD SEARCH

april 22







## thru Regional Food Bank of NENY

Non-perishable food donations,  
essential personal care items,  
and monetary donations  
are always appreciated.

### **ATHENS**

Community Food Pantry

518-567-5868

102 N. Washington St, Athens

Hours: Tues 2:00 pm -3:00 pm    Wed 2:00 pm - 2:30 pm    Thurs. 4:30 pm - 5:30 pm

High Hill Food Pantry

518-291-4789

1467 Schoharie Turnpike, Athens

Hours: Wed 3pm - 4:30pm and Fri 11 am - 12pm

### **CAIRO**

Resurrection Lutheran Church

518-622-3286

Route 23B & 32, Cairo

Hours: Tues 5:30 pm - 6:30pm

### **CATSKILL**

Catholic Charities

518-943-1462

66 William Street, Catskill

Hours: Tues 9:00 a.m. - 12:00 p.m.

Catskill Food Pantry

551-299-2456

50 William Street, Catskill

Hours: Friday 1:00 pm - 4:00 pm

Community Action of Greene County

518-943-9205

7856 Route 9W, Catskill

Hours: Mon, Thurs, Fri 1:30 pm - 3:30

God's Storehouse Food Pantry

518-925-8826

3 Bogardus Avenue, Catskill

Hours: Tues 3 pm - 6 pm

Matthew 25

518-943-5890

8 Union Street

Hours: Wed 6 pm - 8pm and Sun 1:00pm - 3:00 pm

### **COXSACKIE (TOWNS OF COXSACKIE/NEW BALTIMORE ONLY)**

Bethel AME Church Food Pantry

845-750-5202

123 Mansion St

Hours: Thurs. and Thurs. 10:00 a.m. - 11:00 a.m.

**COXSACKIE (CON'T)**

Coxsackie Area Food Pantry

518-731-8603

117 Mansion Street, Coxsackie

Hours: Tues 1-2 pm Thurs 7-8 pm Sat 10 am - 11 am

Home Delivery available by calling 518-731-2718

**GREENVILLE**

25 Town Park Drive, Greenville

518-966-5640

Hours: 2nd &amp; 4th Wed 9:30 am -12:00 pm

**PRATTSVILLE**

14464 Route 23, Prattsville

518-299-3321

Hours: Tuesday, 4:00 p.m. - 6:00 pm.

**ROUND TOP**

Prabhuji Mission Food Pantry

518-303-6390

332 Rte. 31

Hours: Fri 11:00 am - 12 pm

**TANNERSVILLE** *Operated by Kaaterskill and EJ UMC*

518-589-5787

1 Park Lane, Tannersville (parking in municipal lot)

Hours: 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 1:00 pm - 3:00 pm3<sup>rd</sup> Saturday: Deliveries for mountaintop residents without transportation**WINDHAM**

Windham Community Food Pantry

518-734-3826

117 Route 296, Windham

Hours: 2nd &amp; 3rd Saturday 9:00 am - 12:00 pm

Thursday in between Saturdays 5pm - 7pm





## **GREENE COUNTY DEPARTMENT of HUMAN SERVICES**

411 Main Street, Catskill, NY 12414  
(518) 719-3555 Toll Free (877) 794-9266  
[aging@greencountyny.gov](mailto:aging@greencountyny.gov)

**EXECUTIVE DIRECTOR STEPHANIE SCHLEUDERER**

**DEPUTY DIRECTOR:** Tami Bone

**SENIOR CASE MANAGER:** Danielle Kane

**NUTRITION COORDINATOR:** Tezera Pulice

**CASE MANAGERS/WORKERS:**      **AGING:** Brooke Bergeron      Christine Jackson  
Christopher Lewoc

**YOUTH:** Carrie Wallace      Laura Anderson

**OFFICE MANAGER**      Maureen Murphy

**JUNIOR ACCOUNTANT**      James Murphy

**AMERICORPS SENIORS VOLUNTEER COORDINATOR:** Ruth Pforte

**AGING SERVICES AIDE:**      Rose Bundy

**RECEPTIONIST:**      Racine Wallace

**SHOPPING BUS DRIVER:**      Robert Laird

**NUTRITION VAN CHAUFFEUR:**      Patrick Murphy

The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Our knowledgeable and capable staff can assist you or the person you are caring for in accessing a wide variety of human service resources available in Greene County. It is recommended that you call the main office to schedule an appointment to discuss services available. Walk-ins are always welcome but will be seen only if we are able to accommodate at the time.

Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, NY State Office of Children and Family Services, and the generous support of the Greene County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential.

For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.